

THE ADVOCATE

MY NEW SPACE

HOME IS WHERE WE FIND COMFORT, SECURITY,
PLEASURE AND PRIVACY. THEREFORE, WE ALL
CHERISH OUR ABILITY TO CHOOSE FOR OURSELVES
WHERE AND WITH WHOM WE LIVE.



People4People Harriston visited with Jackie Gauvreau who recently moved to her own apartment.

Hi my name is Jackie and this is my journey of advocating for where and with who I live with.

In the past I have lived independently but a couple of years ago I decided to try group living and moved into a Lodge. There was many people living there. Even though I had my own room I felt

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FERGUS
GUELPH
HARRISTON
MOUNT FOREST

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like I had no privacy. I had to share the kitchen and living room with 20 other people. After a year of living there I decided to move out and get my own place.

Ann from Community Living assisted me to advocate for my right to live on my own, and understand the responsibilities that come with that right. I really wanted to stay in Harriston because I have friends and a sense of belonging in the town. I kept an open mind and viewed places in Mount Forest as well. I did some soul searching and made the decision to stay in Harriston. I wanted something closer to downtown and the library. After several weeks a place in Harriston popped up. Ann and I went to view it and I knew the moment that I saw it, it was my place to be. Ann and I did the paperwork and sent it off. I was overjoyed when I heard back that I had been accepted for an apartment in Harriston. Next came the big day, I signed the lease and got the keys. Then off to the Lodge to pick up my belongings and take them over to my new apartment.

I set up the apartment the way I wanted it. Ann helped me to get furniture and accessories and to stock my pantry.

After a few months I decided I was lonely and needed a companion. I decided to get a roommate - she has 4 legs, fur and a tail! Ann helped me to get my cat Missy, and assisted me to get everything that Missy needed and to give her the best love and care possible. I spend as much time with Missy as I can. Our favourite thing

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to do is to cuddle on the couch and watch TV. Her favourite movie is Aquaman because she wants to catch the fish.

It's been 5 months since I have been in my new apartment and I love it!

We asked Jackie what advice she would give to others who are wanting to move out of their current living situation.

"Don't give up, you have a right to live where you want. If you need help achieving your goal, talk with your support worker or family. Take one step at time, don't quit until you get what you want!"

RECIPE: EASTER BUNNY CAKE

BY ALICIA BROWN



INGREDIENTS:

- | | |
|--|---|
| 1 pkg (2-layer size) white cake mix | 2 white chocolate chips |
| 1/8 tsp. water | 2 tubs (280 g each) Philadelphia Cream Cheese Whipped Frosting, divided |
| 1 drop red food colouring | 2 chocolate candy coating wafers |
| 3 Tbsp sweetened flaked coconut, divided | 1 tube (120 g) pink decorating icing |
| 1/3 cup white candy coating wafers | |
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INSTRUCTIONS:

Heat oven to 350°F.

Line 2 (8-inch) round pans with parchment; spray with cooking spray.

Prepare cake batter and bake in prepared pans as directed on package.

Cool 10 min. Remove cakes from pans to wire racks; cool completely.

Meanwhile, mix water and food colouring until blended. Add to 1 Tbsp coconut in small resealable plastic bag; seal bag, then shake bag to evenly tint coconut with food colouring.

Draw 2 (5-1/2-inch-long) bunny ear shapes on additional sheet of parchment paper; turn paper over. Melt white candy coating wafers as directed on package. Reserve 1 Tbsp melted white candy coating for later use; spoon half of the remaining white candy coating evenly onto centre of each ear template on parchment. Spread into ear shapes, staying within the traced lines. Sprinkle pink coconut onto centres of ears, then sprinkle white coconut over remaining candy coating on ears. Refrigerate 10 min or until candy coating is firm.

Peel ears carefully off parchment. Place, coconut sides down, on additional parchment sheet. Spread thin line of half of the reserved melted white candy coating down centre of each ear. Gently press lollipop stick or wooden skewer

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into candy coating, extending end of each stick 3 inches beyond bottom of each ear.

Refrigerate 10 min. or until candy coating is firm.

Spread small dab of cream cheese frosting onto flat side of each white chocolate chip. Place on centres of chocolate candy coating wafers for the bunny's eyes; press chips gently into wafers to secure.

Place 1 cake layer, bottom side up, on plate; spread with 3/4 cup of the remaining cream cheese frosting. Top with remaining cake layer, top side up. Spread remaining cream cheese frosting onto top and side of cake, swirling frosting to resemble the bunny's fur. Refrigerate 1 hour.

Insert ears into top of cake. Gently press eyes into frosting in side of cake. Fit tube of pink decorating icing with small round tip; use to make the bunny's mouth. Change to rosette decorating tip, then use to add rosettes around bases of ears with remaining pink icing as shown in photo.

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**“WHAT'S YOUR
FAVOURITE PLACE?”**

**“I DON'T HAVE A FAVOURITE
PLACE. I HAVE MY FAVOURITE
PEOPLE. AND, WHENEVER I'M
WITH MY FAVOURITE PEOPLE,
IT BECOMES MY FAVOURITE
PLACE.”**



ST. PATRICK'S DAY WORD SEARCH!

INSTRUCTIONS: Try to find all of the hidden St. Patrick's Day words in the word search puzzle below. (Words can be forward, backward, up, down, and diagonal!)

WORDLIST:

DUBLIN
GOLD
GREEN
IRELAND
IRISH
JIG
LEPRECHAUN
LIMERICK
PINCH
POEMS
SAINT
SNAKES

D	W	C	X	U	V	M	S	M	E	O	P	Q	W	K
X	T	X	I	H	N	U	A	H	C	E	R	P	E	L
D	S	U	D	K	H	X	A	S	V	D	F	Y	F	U
V	I	K	E	I	F	U	G	M	W	Y	L	I	W	X
Z	I	A	S	E	K	A	N	S	O	D	T	A	I	T
X	T	S	T	Q	J	E	P	A	Y	F	A	K	V	N
S	I	N	Q	D	Y	R	M	L	L	P	D	C	T	E
X	U	O	I	V	F	D	O	I	D	I	L	I	M	E
Z	J	J	U	A	N	I	R	R	U	N	O	R	E	R
B	V	X	N	A	S	I	G	S	B	C	G	E	C	G
L	K	O	L	A	S	O	U	C	L	H	W	M	H	N
C	G	E	E	H	T	C	M	K	I	P	L	I	W	H
M	R	I	Z	R	M	W	W	N	N	Q	T	L	X	O
I	P	P	O	T	K	O	G	D	I	C	X	K	X	N
E	U	J	I	G	V	E	H	H	A	P	Y	U	S	F



FIND THE ANSWERS IN THE NEXT ISSUE!

FUN FACTS ABOUT EASTER

According to the National Confectioners Association; after Halloween, Easter is the most important holiday when people eat candies. More than 120 million pounds of candies are bought which can fill an entire dump truck!

When people take a bite of a chocolate bunny, 76% bite off the ears first, 5% of people prefer to eat the feet first and 4% of people eat off the tail first.

Alberta, Canada has the largest
Easter egg in the world.

Egg dyes were once made out of natural items such as onion peels, tree bark, flower petals, and juices.

JOKE

WHAT IS A MATTRESS'S FAVOURITE SEASON?

ANSWER

SPRING!

ANSWERS

FROM THE DECEMBER
2019 ISSUE



UPCOMING EVENTS



***ST. PATRICK'S DAY**



DATE: March 17, 2020



***SPRING GALA & FASHION SHOW**

DATE: April 1, 2020

TIME: 5:30pm to 10:30pm

LOCATION: Italian Canadian Club of
Guelph, 135 Ferguson St., Guelph, Ontario

COST: \$50.00

TICKETS: clgw.ca/gala

Yes to local! Yes to fashion! Join us at
our 40th annual spring fashion gala, a
night filled with food, fun, fashion and
fundraising!



UPCOMING EVENTS



*GOOD FRIDAY



DATE: April 10, 2020

*EASTER MONDAY

DATE: April 13, 2020



*FASHION AND TALENT SHOW

DATE: May 4, 2020

LOCATION: Community Living Guelph
Wellington, 8 Royal Road, Guelph Ontario

TICKETS \$5.00

Bring a food item for the foodbank



*VICTORIA DAY

DATE: May 18, 2020



THE P4P MISSION

IT IS THE GOAL OF PEOPLE 4 PEOPLE TO LEARN THE SKILLS THAT WILL ENABLE US TO KNOW OUR **RIGHTS**, UNDERSTAND OUR **RESPONSIBILITIES** AND LIVE WITH **DIGNITY** AND **RESPECT**.

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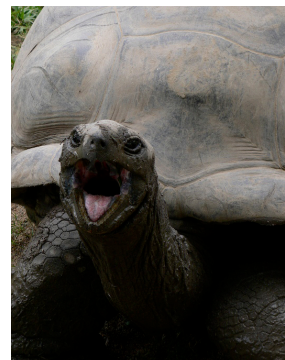
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FUN FACTS: Charles Darwin's pet tortoise didn't die until recently. Darwin brought back the five-year-old tortoise, Harriet, from the Galapagos Islands. She outlived him by 124 years, living to a whopping 176 years old. Harriet lived her final years in Australia, as part of the family of Steve "Crocodile Hunter" Irwin, until she passed away, in 2006.



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IF YOU WOULD LIKE TO SUBMIT THROUGH THIS NEWSLETTER,
CONTACT THE ADMIN. OFFICE AT 519-824-2480 OR 226-314-0829.