

# THE ADVOCATE

**A** ... ALL WAYS  
**C** ... COMMUNITY  
**C** ... CAPABLE  
**E** ... EQUALITY  
**S** ... SUCCESSFUL  
**S** ... SERVICES  
**I** ... INCLUDE  
**B** ... BREAK DOWN BARRIERS  
**I** ... INDEPENDENCE  
**L** ... LIFE  
**I** ... INDIVIDUAL  
**T** ... TOGETHER  
**Y** ... YES



What does the word  
**ACCESSIBLE** mean ?

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**STORIES** about  
Accessibility

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**DID YOU KNOW?**  
Cool Facts

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**ACCESSIBILITY**  
AWARENESS

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**P4P ADVOCATES**  
Notes from us!





**POSITIVE WORDS**



**NEGATIVE WORDS**

## ADD YOUR OWN WORDS TO THE LIST

**A** ACCEPT. ALLOW. ASSIST. ACTION. ADVOCATE. ASK.  
**C** CHALLENGE. CONTACT. CHOICE. CHANGE. CELEBRATE.  
**C** CREATE, CHOOSE. CARE. CHEER. CLIMB. CAR. COSTLY.  
**E** EFFORT. EXPENSIVE. EXCLUDE. EXIT. NO EXCUSE.  
**S** SOCIAL. SAFE. SECURE. SUBSIDIZE. SEE. SENSE. SOLUTION.  
**S** SUPPORT. STAIRS. SIT. SIGNS. SPEAK OUT. SHOW UP!  
**I** IDEA. ILLEGAL. IMPORTANT. INVOLVE.  
**B** BAN. BARRIER. BALANCE. BOUNDARIES, BUILD. BRAVE. BULLY.  
**I** IF (ONLY!). IMAGINE. IMPOSSIBLE. I AM NOT WELCOME.  
**L** LEISURE. LANGUAGE. LIABILITY. LIVE. LOVE. LISTEN.  
**I** INVITE. INHOSPITABLE. INVENTION.  
**T** TALENTED. TECHNOLOGY. TEAMWORK.  
**Y** YIELD. YAY. YOU. Y NOT?!

**THE DISABILITY IS NOT THE PROBLEM.  
THE ACCESSIBILITY IS THE PROBLEM.**

**Mohamed Jemni**

# BARRIERS TO ACCESSIBILITY

## And a soon-to-be barrier free story!



No bus shelter or paved pathway -  
The 8 Royal Rd. entrance is blocked & unsafe



A bus shelter with cement pad is on The City of Guelph's transit list of priorities!



Trucks with hitches are barriers to wheelchair users



Pot holes cause barriers to safety and transportation



The Service Ontario office in Harriston has no ramp!



## **1 What Accessibility Means to Me - Written by Suzanne Thomas**

It is getting to live out my dreams and go on a cruise with my best friend. It is being able to live independently in my condo. It is having the freedom to experience my city and getting out in my community. Its it being easy to get off the bus and walking on the sidewalk. To get to experience all the amazing things that this world has to offer just like everyone else. It means I get to write letters to speak up for myself and others, especially since I have learned to use the email. Technology has made a big difference in my life and my ability to access the world. The Internet has made it easier for me to keep track of the special events in peoples lives and to connect with past people from my life.

Sometimes it is hard. Sometimes the sidewalks are icy. Sometimes the Grocery store is very confusing and I don't have enough money to buy heathy food. I know my family cares about me and they are worried about heath and safety however sometimes I wish I could make more of my own decisions.

Over the years I have seen so many changes and have watched the world become more accessible. I look forward to even greater changes in the future.

## **2 The Lockers - Written by Talia Baskin - Kesselman**

I go to an AquaFit Class at the West End Rec Centre every week. It is hard to use the locker. It is hard to put the money in and turn the lock all at the same time. This makes me feel frustrated. I could ask the lady at the front desk, but this is hard for me to do. I need a better solution!

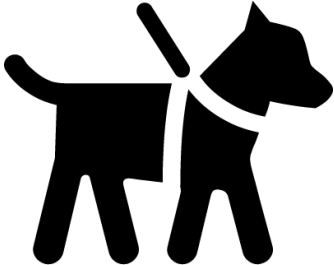
**DO YOU HAVE AN ACCESSIBILITY STORY TO SHARE  
OR ANY TIPS FOR A BARRIER FREE COMMUNITY?**

**Email [p4pguelph@clgw.ca](mailto:p4pguelph@clgw.ca)**

**Accessibility is more  
than a ramp.**



# DID YOU ? KNOW



Cool Facts

- Almost 3.8 million Canadians over the age of 15 have a disability
- Less than 50% of people with a disability are employed.
- The accessible Canada act is called “nothing about us, without us”
- What is the difference between service animals & therapy pets?

A **therapy pet** is trained to provide comfort to people in hospice, disaster areas, retirement homes, hospitals, nursing homes, schools, and more.

A **service animal** is certified and trained to help people with disabilities, such as visual impairments, autism, seizure disorders, diabetes, etc.

Service animals are taught to push wheelchairs, or guide a blind person, or alert someone in case their master is having a seizure.

**Service dogs** GO wherever their handlers go.

Therapy dogs are also highly trained, but compared to services animals, are taught to be more socially adjusted to various people.

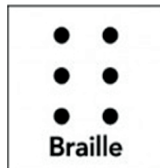


# UNDERSTANDING ACCESSIBILITY SYMBOLS

Accessibility symbols cover many disabilities. Examples include hearing and visual impairments, cognitive, and hidden disabilities. Each symbol informs and guides individuals with various needs, ensuring they can access the required facilities and services.

## MATCHING GAME:

Draw a line connecting the symbols with their meaning.



**INTERNATIONAL SYMBOL OF DEAFNESS**

**BRAILLE**

**SIGN LANGUAGE INTERPRETER**

**INTERNATIONAL SYMBOL OF BLINDNESS**

**INTERNATIONAL SYMBOL OF ACCESSIBILITY**

### WHY DOES ACCESSIBILITY MATTER?

Because all people matter.

Because ALL MEANS ALL --

Including people with disabilities.

Because access to services matters.

Because access to products matters.

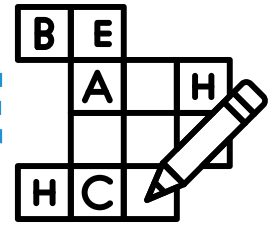
Because access to buildings matters.

Because what I think, say and do matters.



**BECAUSE YOU MATTER. BECAUSE I MATTER. BECAUSE WE MATTER.**

# WORD UNSCRAMBLE



1. RIFA 1. \_\_\_\_\_
2. LATIYIB 2. \_\_\_\_\_
3. DEUIG ODG 3. \_\_\_\_\_
4. LRABILE 4. \_\_\_\_\_
5. SOTPPUR 5. \_\_\_\_\_
6. EDCULNI 6. \_\_\_\_\_
7. EWHILARHCE 7. \_\_\_\_\_
8. EIRBRAR EFER 8. \_\_\_\_\_
9. VISERCSE 9. \_\_\_\_\_
10. QUELAYTI 10. \_\_\_\_\_
11. BACPAEL 11. \_\_\_\_\_
12. LAL 12. \_\_\_\_\_
13. HIOCEC 13. \_\_\_\_\_
14. OTINMUCMY 14. \_\_\_\_\_
15. SEY 15. \_\_\_\_\_

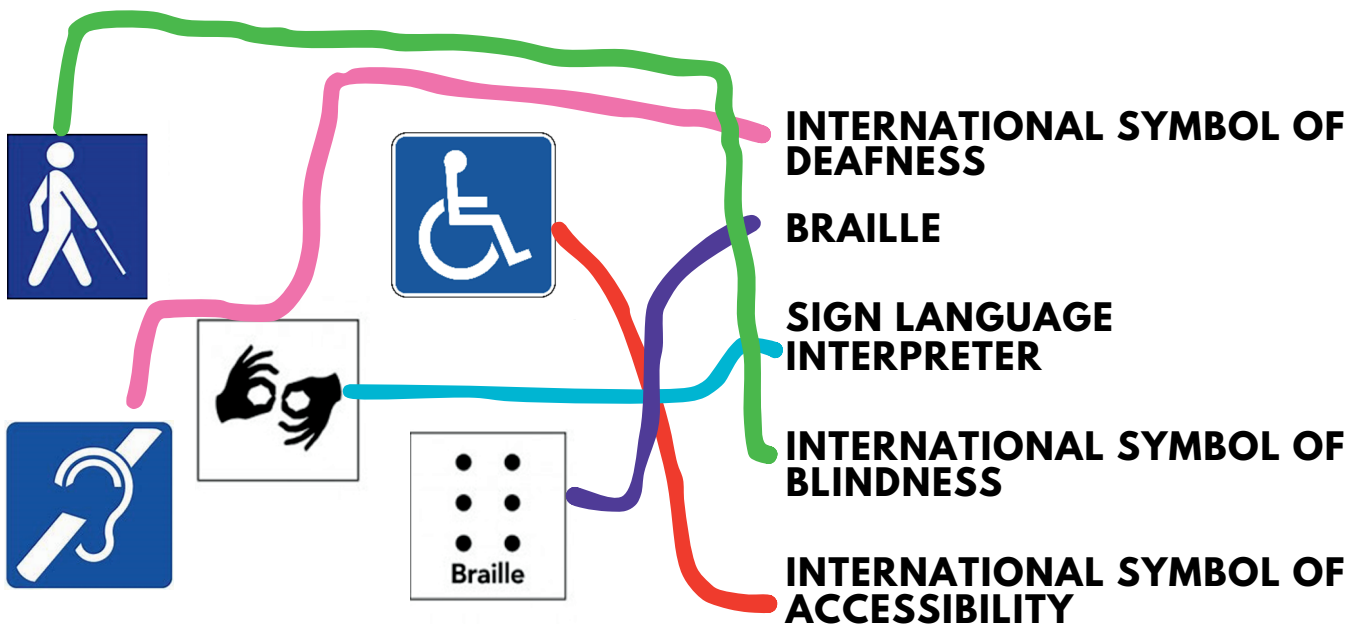
Solutions on page 8!

# SOLUTIONS

## Word Scramble

- |              |                 |               |
|--------------|-----------------|---------------|
| 1. FAIR      | 6. INCLUDE      | 11. CAPABLE   |
| 2. ABILITY   | 7. WHEELCHAIR   | 12. ALL       |
| 3. GUIDE DOG | 8. BARRIER FREE | 13. CHOICE    |
| 4. BRAILLE   | 9. SERVICE      | 14. COMMUNITY |
| 5. SUPPORT   | 10. EQUALITY    | 15. YES       |
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## Matching Game





WHEN YOU SEE, MEET, OR  
THINK ABOUT A PERSON WITH  
A DISABILITY PRESUME  
**COMPETENCE**

Kathie Snow | Open Future Learning







## Our Mission

TO LEARN THE SKILLS TO ENABLE US  
TO KNOW OUR RIGHTS,  
UNDERSTAND OUR RESPONSIBILITIES,  
and LIVE WITH DIGNITY AND RESPECT.

INTERESTED IN JOINING P4P?

SEND AN EMAIL TO:

[p4pguelph@clgw.ca](mailto:p4pguelph@clgw.ca) OR [p4pfergus@clgw.ca](mailto:p4pfergus@clgw.ca)

**My voice matters.  
My life matters.  
I matter.**